Housing and health overview

This brief reviews how local investments in quality, affordable housing and good neighborhood conditions can yield significant health benefits and reduce healthcare costs. To enhance health outcomes:

- Reform content and enforcement of housing codes to help ensure that homes are safe and sound.
- Support subsidized rental housing, which can improve health by enhancing affordability and stability.
- Incentivize good management practices and on-site services.
- Invest in neighborhood improvements to ensure residents of all ages can be active in their communities and access needed services.